

**Date:** Thursday 12 January 2017

**Time:** 9.45 am

**Venue:** Room 1, Exhibition Suite

## OVERVIEW AND AIM OF THE SESSION

As part of the Joint Health and Wellbeing Strategy refresh 2016 - 2021 'promoting good mental health and wellbeing for everyone' is included as a specific priority.

This is the first HWB themed meeting for members to consider the refreshed Joint Health and Wellbeing Strategy priorities in detail with the aim of identifying potential gaps where a partnership response from the Health and Wellbeing Board can add value.

This meeting will run as an informal session with roundtable discussion to follow presentations.

This session will cover the actions around adults only. There will be a later session on Children and Young People and Early Years later in the year.

### **The Joint Health and Wellbeing Strategy priority actions for mental wellbeing for adults are:**

- *We will promote adult wellbeing and resilience in all partner work places as part of wider workplace health initiatives*
- *We will promote good mental health and emotional wellbeing by working in partnership to identify and work with groups who are vulnerable to poor mental health*
- *We will work with partners to improve the physical health of people with mental health and/or learning disability*
- *We will review existing services for people with mental health and substance misuse problems to improve outcomes for these people*
- *We will implement plans to reduce the risk of suicide and self-harm*

<b>Agenda Item</b>	<b>Time</b>
<b>1 REFRESHMENTS AND WELCOME</b>	<b>09:45</b>
<b>2 INTRODUCTION FROM THE CHAIR</b> Mr M Tett	<b>10:00</b>
<b>3 INTRODUCTION FROM THE DIRECTOR OF PUBLIC HEALTH</b> Dr Jane O’Grady	<b>10:05</b>
<b>4 PROMOTING GOOD MENTAL HEALTH</b>	<b>10:20</b>
<p><b>Presentation</b>  <i>“Promoting good mental health to those who are vulnerable to poor mental health”</i></p> <p><b>To include</b></p> <ul style="list-style-type: none"> <li>• 20 minute presentation</li> <li>• 10 minute Discussion</li> </ul> <p>Presentation led by Dr Sian Roberts Mental Health and Learning Disability Clinical Director, CCGS.</p>	
<b>5 WORK PLACE HEALTH</b>	<b>10:50</b>
<p><b>Presentation: Work Place Health</b></p> <p><b>Covering the Joint Health and Wellbeing Strategy Aim</b>  <i>“We will promote adult wellbeing and resilience in all partner work places as part of wider workplace health initiatives”</i></p> <p>To include an update from all HWB organisations on their actions to promote adult wellbeing and resilience in the workplace:</p> <ul style="list-style-type: none"> <li>- What are we doing as employers (update from OHT,CCGs and BCC)</li> <li>- What could we do as a HWB together to encourage mental health awareness in the work place</li> </ul> <p>Presentation led by Karon Hart, Healthier Lifestyles and Staff Wellbeing Manager at Buckinghamshire Healthcare Trust.</p>	

**6 SUICIDE PREVENTION**

**11:20**

**Presentation on suicide prevention, covering the JHWBS action to:**

- *Implement plans to reduce the risk of suicide*

**To include:**

- 20 minute presentation
- 10 minute discussion

Presentation led by Rebecca Hitch, Public Health Practitioner, Buckinghamshire County Council

**7 ROUNDTABLE DISCUSSION**

**11:50**

- Reflections on today's presentation and discussions
- Where are the gaps
- What can the Health and Wellbeing Board do
- Next steps

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If you would like to attend a meeting, but need extra help to do so, for example because of a disability, please contact us as early as possible, so that we can try to put the right support in place.

*For further information please contact: Liz Wheaton on 01296 383856, email: [ewheaton@buckscc.gov.uk](mailto:ewheaton@buckscc.gov.uk)*

## **Members**

Mr M Appleyard (Buckinghamshire County Council), Mr R Bagge (District Council Representative), Dr R Bajwa (Clinical Chair), Ms J Baker OBE (Healthwatch Bucks), Mr S Bell (Chief Executive, Oxford Health NHS), Mr G Betts, Ms I Darby (District Council Representative), Mr N Dardis (Buckinghamshire Healthcare Trust), Lin Hazell (Cabinet Member for Children's Services), Dr G Jackson (Clinical Chair), Mr D Johnston (Buckinghamshire County Council), Ms A Macpherson (District Council Representative), Mr R Majilton (Director of Sustainability and Transformation), Dr J O'Grady (Director of Public Health), Ms L Patten (Accountable Officer (Clinical Commissioning Group)), Dr S Roberts (Clinical Director of Mental Health), Dr J Sutton (Clinical Director of Children's Services), Mr M Tett (Buckinghamshire County Council) (C), Dr K West (Clinical Director of Integrated Care) and Ms K Wood (District Council Representative)